

MONDAY, OCTOBER 10TH, 2022

TRAUMA AND PHYSIOTHERAPY

WEBINAR FOR WORLD MENTAL HEALTH DAY 2022

ORGANISED BY THE INTERNATIONAL ORGANIZATION OF PHYSICAL
THERAPY IN MENTAL HEALTH



International Organization of
Physical Therapy in Mental Health

WEBINAR

Time: 7:00 am (São Paulo time)

Moderated by Mark Højbo Fajardo-Hansen

Welcome by Daniel Catalán
President of the IOPTMH

TOPICS

- **Interoception:** How is the perception of our body affected by Trauma and PTSD? And how does this affect our health?
- **Trauma and PTSD:** How can we understand these concepts in common terms and within a physiotherapy framework?
- **Interventions:** How can physiotherapists contribute to the team effort on helping people who have experienced Trauma to prevent or treat PTSD and what is the most important “ingredient” that physiotherapists bring to the team rehabilitation process?

SPEAKERS



JANETTE CANALES | Brazil



GEORGIE DAVIDSON | Australia



DES O'SHAUGHNESSY | Australia



ILONA FRICKER | South Africa

REGISTRATION: <https://t.ly/ajBJ>

CONTACT: ioptmh.info@gmail.com

São Paulo 7:00 am | Paris 12:00 pm | Copenhagen 12:00 pm | Baghdad 13:00 pm | Tokyo 19:00 pm | Sydney 20:00 pm